

91 Queen Street, Campbelltown NSW 2560

P.O. Box 685, Campbelltown NSW 2560

Phone:4645 4523

Please Indicate, ALL Meal Preferences by marking tick box

Client Name _

Run Number _____

Beef - Main Meals - 360g	Tick Box	Office Use Only
BBQ Marinated Beef Stir Fry with Rice		RK
Beef, Bean and Potato Bake		F
Beef & Potato Hot Pot		F
Beef & Vegetable Stir Fry		в
Beef Goulash		L/P
Beef Lasagne		в
Beef Stroganoff with Macaroni		L/P
Braised Steak & Onion Gravy		В
Cottage Pie & Vegetables		в
Curried Sausages & Vegetables		в
Meatballs & Pasta		F
Meatloaf with Vegetables		в
Rissole, Vegetables & Gravy		в
Roast Beef, Vegetables & Gravy		в
Grilled Sausage, Mash, Vegetables & Gravy	У	в
Savoury Mince & Vegetables		В
Silverside, Vegetables & Parsley sauce		В
Spaghetti Bolognaise		F
Steak & Kidney Pie		в
Steak & Mushroom Pie		L/P
Steak Diane & Vegetables		В
Veal Schnitzel & Gravy		F
Chicken - Meals - 360g	Tick Box	Office Use Only
Apricot Chicken & Vegetables		В
BBQ Chicken Cutlets		L/P
Butter Chicken & Vegetables		L/P
Chick a La King		L/P
Chicken & Mushroom Pie		F
Chicken Casserole		в
Chieken Chevy Main		F
Chicken Chow Mein		L/D
Chicken Chow Mein Chicken Sausages & Vegetables		L/P
		В
Chicken Sausages & Vegetables		
Chicken Sausages & Vegetables Chinese Chicken & Vegetables		В
Chicken Sausages & Vegetables Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables		B B
Chicken Sausages & Vegetables Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice		B B RK
Chicken Sausages & Vegetables Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice Lemon Chicken & Vegetables		B B RK F
Chicken Sausages & Vegetables Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice Lemon Chicken & Vegetables Lemon Chicken Schnitzel & Vegetables		B B RK F B

Quantities

Start Date:

	Tiek Dev	Office
Lamb - Meals - 360g	Tick Box	Use Only
Irish Lamb Stew		F
Lamb & Rosemary Pie		MCS
Lamb & Cauliflower Casserole		F
Lambs Fry, Bacon & Gravy		В
Lamb, Potato & Mushroom Pie		L/P
Mild Lamb Curry & Vegetables		F
Roast Lamb, Vegetables & Gravy		F
Shepherds Pie & Vegetables	Tick Box	Office
Pork - Meals - 360g Bacon & Potato Slice	TICK DOX	Use Onlv F
Honey Pork & Pineapple Casserole		В
Macaroni Ham & Cheese		L/P
Pork Schnitzel with Mushroom Sauce		L/P
Pork Meatball with Creamy Mushroom Sauce		F
Roast Pork, Vegetables & Gravy		В
Smothered Pork in Apple Sauce		В
Sweet & Sour Pork	Tick Box	B Office
Seafood - Meals - 360g -	TICK DOX	Use Only
Cheesy Tuna Bake		B
Crumbed Fish & Chips		F
Crumbed Fish & Potato Bake		В
Curried Prawns, Rice & Vegetables		RK
Salmon Patties & Vegetables		В
Smoked Cod & Parsley Sauce		В
Steamed Fish & Lemon Sauce		В
Tempura Fish Bites, Chips & Vegetables		В
Tuna Patties with Sweet Chilli Sauce	-	F Office
Vegetarian - Meals - 360g	Tick Box	Use Only
Pumpkin & Spinach Frittata		В
Spinach & Ricotta Cannelloni		L/P
Vegetable Pasta Bake		В
Vegetable Patties		В
Vegetable Quiche		В
Vegetable Stir Fry		L/P
		L/P
Zucchini & Corn Fritter	-	
Zucchini & Corn Fritter		
Zucchini & Corn Fritter Premium Meal Range	Tick Box	Office Use Only
Premium Meal Range Braised Lamb with Fruit Chutney & Steamed		
Premium Meal Range		
Premium Meal Range Braised Lamb with Fruit Chutney & Steamed		Use Only
Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Barramundi Fillet with Ginger,		Use Only MY
Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Barramundi Fillet with Ginger, Lime & Shallot Butter on Rice		Use Only MY
Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Barramundi Fillet with Ginger, Lime & Shallot Butter on Rice Pan Grilled Chicken Breast, with Grain		Use Only MY MY
Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Barramundi Fillet with Ginger, Lime & Shallot Butter on Rice Pan Grilled Chicken Breast, with Grain Mustard Cream Sauce		Use Only MY MY MY MY
Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Barramundi Fillet with Ginger, Lime & Shallot Butter on Rice Pan Grilled Chicken Breast, with Grain Mustard Cream Sauce Honey Curry Chicken with Steamed Rice Quiche with Bacon, Spinach & Cheese with Seasonal Vegetables Pulled Pork with Potato Gratin & Seasonal		Use Only MY MY MY MY MY
Premium Meal Range Braised Lamb with Fruit Chutney & Steamed Potato Grilled Barramundi Fillet with Ginger, Lime & Shallot Butter on Rice Pan Grilled Chicken Breast, with Grain Mustard Cream Sauce Honey Curry Chicken with Steamed Rice Quiche with Bacon, Spinach & Cheese with Seasonal Vegetables		Use Only MY MY MY MY

Beef Lasagne b Beef & Vegetable Stir Fry b Braised Steak & Onion Gravy b Cottage Pie & Vegetables b Curried Sausages & Vegetables b Reatloaf, Vegetables & Gravy b Rissole, Vegetables & Gravy b Roast Beef, Vegetables & Gravy c Savoury Mince & Vegetables g Silverside, Vegetables & Parsley Sauce b Silverside, Vegetables & Parsley Sauce b Steak & Kidney Pie s Steak & Mushroom Pie & Vegetables wcs Chicken - Mini Meals - 220g rck.bet Offer Apricot Chicken & Vegetables s s Butter Chicken with Steamed Rice wr Mrx Chicken Casserole & Vegetables s s Chicken Curry & Vegetables s s Chicken Curry & Vegetables s s Roast Chicken, Vegetables & Gravy s s <th>Beef - Mini Meals - 220g</th> <th>Tick Box</th> <th>Office Use</th>	Beef - Mini Meals - 220g	Tick Box	Office Use
Beef & Vegetable Stir Fry p Braised Steak & Onion Gravy p Braised Steak & Onion Gravy p Cottage Pie & Vegetables p Curried Sausages & Vegetables p Rissole, Vegetables & Gravy p Rissole, Vegetables & Gravy p Savoury Mince & Vegetables & Gravy p Savoury Mince & Vegetables p Syaghetti Bolognaise p Steak & Kidney Pie p Steak & Mushroom Pie & Vegetables mcs Paricot Chicken & Vegetables p Butter Chicken with Steamed Rice mv Chicken Casserole & Vegetables p Buter Chicken & Bacon with Penne Pasta p Chinese Chicken & Vegetables p Buter Chicken Ne Vegetables p Buter Chicken Ne Vegetables p Chinese Chicken & Vegetables p Honey Curry Chicken mv Lemon Chicken Schnitzel p Mid Chicken Curry & Vegetables p Roast Turkey, Vegetables & Gravy p Lamb - Mini Meals - 220g mcs Vegetables & Gravy	Beef Lasagne		
Braised Steak & Onion Gravy # Cottage Pie & Vegetables # Curried Sausages & Vegetables # Meatloaf, Vegetables & Gravy # Rissole, Vegetables & Gravy # Roast Beef, Vegetables & Gravy # Savoury Mince & Vegetables # Silverside, Vegetables & Barsley Sauce # Spaghetti Bolognaise # Steak & Kidney Pie # Steak & Kidney Pie # Steak & Kidney Pie # Office # Opticken - Mini Meals - 220g TockBex Apricot Chicken & Vegetables # Butter Chicken & Vegetables # Chicken Casserole & Vegetables # Chicken A Cheese Pie Mccs Chicken Parmigiana Mccs Chicken Routy Chicken # Honey Curry Chicken # Lemon Chicken Schnitzel # Mild Chicken Curry & Vegetables & Gravy # Roast Turkey, Vegetables & Gravy # Lamb - Mini Meals - 220g Tock Bex Lamb & Rosemary Pie Mccs Fren			
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	Macaroni Cheese		MCS
Vegetable Quiche	Vegetable Patties		в
	Vegetable Quiche		в

Desserts - 120g	Tick Box	Office Use
Apple Pie & Cream		в
Apple Rhubarb Brown Betty & Custard		в
Apple, Sultana Crumble with Custard		MCS
Apricot Crumble & Custard		в
Banana Pudding & Caramel Sauce		MY
Black Forest Cheesecake		MCS
Bread & Butter Pudding		MCS
Butterscotch, Sultana Pudding & Custard		MCS
Chocolate Mousse & Cream		MY
Chocolate Mud Cake & Custard		MCS
Chocolate Steamed Pudding & Custard		В
Creamy Rice		MY
Creamy Rice with a Fruit Puree	_	MCS
Frozen Fruit / Compote		MCS
Fruit Salad & Cream		В
Fruit Trifle & Cream		В
Golden Syrup Dumpling		MY
Jelly & Peaches with Custard		MCS
Lemon Pudding & Custard	_	MCS
Pavlova	_	MY
Peach Pie & Custard		MCS
Sticky Date with Caramel Sauce		MCS
Tiramisu		MCS
Vanilla Pancotta & Mixed Berries		В
Omelette - 140g	Tick Box	Office
Omelette - 140g Three Cheeses & Black Pepper Omelette	Tick Box	Office Use N
Three Cheeses & Black Pepper Omelette	Tick Box	Use
	Tick Box	Use
Three Cheeses & Black Pepper Omelette Breggie Bites Pack of 4 25gr each	Tick Box	Use N PFD
Three Cheeses & Black Pepper Omelette Breggie Bites Pack of 4 25gr each 2 x Smoked ham & cheese,	Tick Box	Use N
Three Cheeses & Black Pepper Omelette Breggie Bites Pack of 4 25gr each 2 x Smoked ham & cheese, 2 x creamy fetta, spinach & capsicum		Use N PFD Office
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Three Cheeses & Black Pepper Omelette Breggie Bites Pack of 4 25gr each 2 x Smoked ham & cheese, 2 x creamy fetta, spinach & capsicum Snack Packs - 200g Chicken Lasagne		N PFD Office Use
Three Cheeses & Black Pepper Omelette Breggie Bites Pack of 4 25gr each 2 x Smoked ham & cheese, 2 x creamy fetta, spinach & capsicum Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake		Use N PFD Office Use JLB R/K
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Three Cheeses & Black Pepper Omelette Breggie Bites Pack of 4 25gr each 2 x Smoked ham & cheese, 2 x creamy fetta, spinach & capsicum Snack Packs - 200g Chicken Lasagne Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g	Tick Box	Use N PFD Office Use JLB R/K JLB R/K JLB Office Use Only
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